Welcome to 2011

This is the first edition of the GIPS PE Newsletter that will be released each term. In this newsletter the 2011 PE program initiatives, programs and dates will all be outlined for each of the levels. Even though Level 4 students are involved in the majority of organised sports events, this newsletter will outline different opportunities for all students at Glen Iris Primary School to increase their participation in various sports. If you have any further questions then please do not hesitate to contact Mr Cavell at: glen.iris.ps@edumail.vic.gov.au

I look forward to another exciting year at GIPS and teaching our students the fun of being involved in sport,

Mr Cavell

2011 Tennis Initiative

2011 sees the introduction of Tennis into the GIPS PE program. Thanks to our friends at Diadora we received extremely good pricing on a class set of racquets, six mini nets and a few dozen low compression and large size beginner tennis balls. We would also like to thank the East Malvern Tennis Club and Wes Horskins from future tennis for financially supporting some of the purchased equipment.

If you are interested in your child playing tennis or receiving coaching then please contact futuretennis@futuretennis.com.au

Parent Volunteers

In 2011 we are attempting email confirmations for volunteering at school sports events. If you interested in volunteering for any event please email your interest to Mr Cavell at: glen.iris.ps@edumail.vic.gov.au
2011 Swimming Program
In 2010, GIPS made a significant change with their swimming program. Some key reasons behind this decision included newer facilities, structured to fit school programs and smaller instructor to student ratios. This change involved the program running in Term 3 and also required an increase in cost per child. In response to this change we created a survey at survey-monkey.com.

The following are the results:
• 54% thought that Term 3 was appropriate
• 63% were happy with seven consecutive lessons
• 73% thought the cost was appropriate
• 69% would be happy to have their child involved in the program again in 2011.

In reflection to these responses, GIPS has decided to retain a term 3 swimming program at Bialik College in 2011.

2011 Swimming Dates are available on page 4

Level 4
Grade 5 & 6
PE for Level 4 students is highly anticipated by all students. For Grade 5 students, they attend their first District Interschool Sport Gala Days and play either Cricket, Softball or Rounders in Term 1, or Netball, Volleyball, Soccer or Football in Term 2. For Grade 6 students, their development usually gives them some extra confidence having experienced it all before. We have had 3 years in a row of District success with our Volleyball Team and hopefully this will continue, along with a few other teams, in 2011.

Level 4 students are given two PE lessons each week. One session is class based, and is a “traditional” PE lesson with Mr Cavell. The second session is with all Level 4 students and teachers, and is dedicated to improving the skills of their chosen sport. We are looking for coaches who can assist in training and on District days so please speak to Mr Cavell if you can help out.

Level 3
Grade 3 & 4
A new initiative is being trialed with Grade 3 & 4 students in Term 1. This initiative is named SEPEP (Sports Education in Physical Education Program). Each class will be broken into 3 teams each. Each student will have a role in their team for the entire term as either the Coach, Captain, Trainer, Equipment Organiser, First Aid Officer, Scorer, Secretary and SEPEP Board Member. The various roles will give every student a role that suits their personality.

PE lessons will be used as training sessions for teams to develop their skills and will culminate in a Grade 3 and Grade 4 Tee-Ball competition. Although Tee-Ball is the main sport focus, during this term we will be developing cricket, softball and rounders skills.

This program will increase engagement, motivation and responsibility levels in students and provides teamwork and self assessment opportunities.

What is happening in your child’s PE classes in 2011?
Check out each of the year levels below and the exciting initiatives and programs that will be running this year.

2011 Changes to School Sport Victoria and how that affects us
2011 marks the end of the Victorian Primary School Sports Association (VPSSA) which was purely for primary schools. The education department have joined the primary and secondary school associations to create School Sport Victoria.

This affects the schools we compete against at a district level at interschool sports, athletics, swimming, cross country and basketball.

The following schools are part of the Glen Iris District for 2011:
• Ashburton Primary School
• Camberwell Sth Primary School
• Hartwell Primary School
• Solway Primary School
• St Benedict’s Primary School
• St Cecilia’s Primary School
• St Dominic’s Primary School
• St Michael’s Primary School

2011 Swimming Dates are available on page 4

Swimming
Level 3
Grade 3 & 4 (cont.)

Grade 3 is always an exciting time in PE at GIPS. Students are finally allowed to attend the House Cross Country, Athletics, Swimming Carnivals and participate in the Hooptime District Basketball Competition. For Grade 4 students, it is the first year they can qualify to represent GIPS at a district level and potentially make it to Regional, State and National Championships. We wish that this excitement translates into success for all involved.

Q: What is TPSR?
A: TPSR is a model developed to teach students the ways of becoming more responsible and learning to take responsibility for their behaviour.

Q: How does it work?
A: Behaviour in each PE lesson will be reflected upon in relation to the five different levels of responsibility: Irresponsibility, Self-Control, Involvement, Self-Responsibility and Caring.

Q: How do students know the levels of responsibility?
A: Each level has at least six example behaviours expected of that level. These are displayed during PE lessons on the outside of the sports shed and in the multipurpose room.

Level 2
Grade 1 & 2

Following from the 2010 PE program, Level 2 students will participate in more complex activities and use of equipment as they begin to learn the basic rules of Summer sports such as Cricket, Softball, Rounders and Tennis.

In 2011, we are introducing Mini Carnivals for Prep to Grade 2 students for the Cross Country and Athletics Carnivals. These will occur at the same time and same venue as the House Carnivals.

Q: Can you give me an example?
A: If a student, for example, uses a put down then that student will be reminded that they are at the irresponsibility level (Level 0) and cannot be a part of a PE lesson unless they exhibit behaviours of someone at the Involvement level (Level 2).

Q: How will students reflect on their behaviour?
A: At the end of each lesson students will say to me what level of responsibility they believe they achieved. This will give me an opportunity to reflect with them on any positive or negative behaviours that may have occurred and will give them the responsibility of reflecting accurately.

If you would like more information please visit the slideshow at cavell.posterous.com

Level 1
Prep

In Term 1, prep students will be involved in basic skills improvement in an engaging environment. What this means is every PE lesson will prioritise active students by giving them access to plenty of equipment to gain confidence with and reduce instructional and wait time as much as possible.

In Term 2, Prep students will have an extra PE session allocated to them for PMP. The Parent Helper session will be at 3pm on Tuesday 5 April.

Over the last two years Aussie Hoops has run at GIPS with over 170 students participating in this successful program. If you are interested in registering your Grade 1 or Grade 2 child please fill out the form accompanying this newsletter or visit:

www.gips.vic.edu.au
Dates To Remember

- **Tuesday 22 Feb**—District Swimming Carnival (*for qualifying students*)
- **Thursday 24 Feb until Wed 9 March**—State Sports Team Trials for Basketball, Netball, Cricket, Football, Soccer and Hockey (*Appropriate Grade 6 students only*)
- **Thursday 3 March & Thursday 17 March**—Interschool Sports Gala Days (Grade 5&6 students)
- **Tues 1, 8, 15 & 22 Mar**—Aussie Hoops Afterschool Basketball Clinics
- **Monday 14 & 15 Feb**—Hot Shots Tennis Clinics (*Grade 1, 2 & 3 students*)
- **Thursday 31 Mar**—House Cross Country (*Whole school event*)
  mini cross country event organised for Prep—2 students
- **3pm Tuesday 5 Apr**—PMP Parent Helper Information Session (*Prep Parents*)
- **Thursday 12 May**—District Cross Country (*for qualifying students*)

2011 Swimming Program Dates

- **Grade 3 & 4**—Mon 22, Tues 23, Wed 24, Thurs 25 Aug & Mon 29, Tues 30, Wed 31 Aug
- **Grade P, 1 & 2**—Mon 5, Tues 6, Wed 7, Sep & Mon 12, Tues 13, Wed 14, Thurs 15 Sep

For More Information

For more information regarding the PE program at Glen Iris Primary, or to download notices and other resources please visit the Glen Iris Primary School Website at [www.gips.vic.edu.au](http://www.gips.vic.edu.au)

Alternatively you can email Mr Cavell at [glen.iris.ps@edumail.vic.gov.au](mailto:glen.iris.ps@edumail.vic.gov.au)

GIPS PE NEWSLETTER Term 1 2011