District Cross Country
If you are interested in becoming familiar with the District Cross Country Course, the map is on the GIPS website. Sonia O’Sullivan has also kindly volunteered to help any runners that would like some training tips. Sonia was the 1998 World Cross Country Champion and a Silver medalist at the 2000 Sydney Olympic Games. Sonia is at Nettleton Park most evenings between 4.30 and 5.30pm.

Dates To Remember
Term 2
Thursday 26 May
District Cross Country
9am - 12.30pm
Nettleton Park
Looking for volunteers
Friday 3 June
Grade 4 Hooptime
9am - 3.30pm
Nunawading Bball Stadium
Looking for coaches
Thursday 9 & 23 June
Grade 56 Winter Interschool Sport Days
9am - 3.30pm
Kooyong Park or Waverley District Netball Courts
Swimming Date Change
Due to the District Athletics Carnival to be held on Wednesday 24 August, the Grade 34 swimming program will have a date change. The new date has not yet been confirmed.

Term 2, 2011
Level 1
It is very exciting for the Preps to have started PMP. This involves two rooms, full of ten different stations all littered with fantastic equipment. We have now had two sessions successfully run with all preps involved on a Tuesday afternoon. Thank you to all parents who have volunteered their afternoon to assist us.

Level 2
This Term Level 2 students will be focusing on strategies related to invasion sports. Invasion sports include football, soccer, netball, basketball, hockey, etc. Although skills will be a minor focus as we look at different sports, the major focus will be the strategies that can be used in any of these sports. For example, moving into space, using teammates, appropriate defense, etc. This should help students think more about the strategies they could be using in their weekend sports rather than just the skills.

Level 3
After successfully finishing the term 1 SEPEP (Teeball) competition students in level 3 have a similar program to level 2. We will be looking at the strategies employed in different invasion sports. Unfortunately, due to the Grade 3 students being on camp while the Grade 3&4 Hooptime Basketball competition is on, Glen Iris will not be sending any teams this year. We will look at alternative options for interested grade 3 students.

Level 4
Students in level 4 will be looking forward to the Winter Interschool Sport Days. Every Thursday afternoon the volleyball and netball teams train at school while the soccer and football teams walk down to Eric Raven Reserve. We are looking for any experienced coaches who might like to assist on either of the days. During PE time we will be also focusing on the strategies used in various invasion sports.

BE ACTIVE WITH YOUR CHILDREN
The Victorian Government recommend children between 5 - 12 years old should be participating in at least 60 minutes of daily vigorous activity. Although some of this happens at school, the responsibility lies with parents to fill the remaining time.
This could be:
• a bike ride walking the dog  sports training

If you want to see more information you can click this link