Dear Parents,

Your child has been selected to represent the school in Cross Country at the Glen Iris District Sports on Friday 22 May at Nettleton Park. This selection occurred following the House Cross Country. The children will be walking to and from Nettleton Park. We will be leaving school at 9.00am and we will return by 12.30pm. Children should bring a snack, drinks, warm clothes/track suit as part of the school uniform and any necessary medication. Students should be wearing their purple polo tops or school sports uniform available from the uniform shop.

The cost per participant for this event is $4.

To assist your child in preparation for this competition, I recommend they train for about 20 to 30 minutes at least three times a week. They will be running the same track that we ran during our Cross Country Competition. I will be available to supervise two training sessions on Wednesday 13th May and Tuesday 19th May from 8am-8.30am if students are interested. Subject to numbers these training sessions will be run at Ferndale Park. Please fill out the additional permission slip below if your child would like to take part in these training sessions and return this to school by Tuesday 12th May. Supervision of children will only be from 8am so please do not drop and leave your child before this time. We will also need two parents to stay for supervision purposes. If you are able to stay please indicate on the permission form.

Please return this form to your classroom teacher by Friday 15th May with payment.

Please contact me if you have any concerns.

Nathan Gilliland  
PE Coordinator

2015 DISTRICT CROSS COUNTRY

I consent to my child, ___________________________ Grade _______ participating in the District Cross Country Event at Nettleton Reserve, Glen Iris and walking to and from the event on Friday 22 May 2015.

I authorise the teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary.

Parent’s Name: ___________________________ Cost: $4.00

Parent’s Signature: ___________________________ Date: __________

Emergency contact numbers _______________ _______________; _______________ _______________

I, ___________________________ can help supervise at the training sessions.

2015 DISTRICT CROSS COUNTRY - training sessions

I consent to my child, ___________________________ Grade _______ participating in the District Cross Country training sessions at Ferndale Park, Glen Iris and walking back to school on Wednesday 13 May 2015 and Tuesday 19 May 2015.

I authorise the teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary.

Parent’s Name: ___________________________ I, ___________________________ can help supervise at the training sessions.

Parent’s Signature: ___________________________ Date: __________