PARENT PRESENTATION
UNDERSTANDING ANXIETY IN CHILDREN
9.15 AM TUESDAY 24 MARCH

Presenter: Alana Roy ‘OnPsych’ Mental Health Social Worker and Provisional Psychologist
All parents and friends are invited to this special presentation.

Every-one may experience anxiety sometimes, especially when in unfamiliar or stressful situations. Most of the anxiety that children feel is relatively mild. Alana Roy, who works in our school regularly, will explain:

- The different types of anxiety.
- What to expect if your child is anxious.
- How parents can assist students to manage their anxiety.

If you have specific questions please add them to the box in the foyer or see Robyn Floyd, and Alana will answer them in her presentation.

Robyn Floyd
Assistant Principal

UNDERSTANDING ANXIETY IN CHILDREN

We / I will attend the presentation on Tuesday 24 March 2015.

Name/s:..................................................................................................................................................

Contact number/s:........................................................................................................................................

Child:.................................................................................................Grade:..............

Child:.................................................................................................Grade:..............

Child:.................................................................................................Grade:..............

Child:.................................................................................................Grade:..............

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