Happy Me, Healthy Me Celebration Day

Friday, March 6 2015

Dear Grade Two Parents,

The Grade Two students and teachers have been enjoying learning about our physical and social well-being as part of our Term 1 Integrated Studies topic Happy Me, Healthy Me. With the term nearly drawing to a close, we are planning a day for the students to celebrate their learning on Friday, March 20th. We are looking for volunteers to help us to make this day special for the students.

We will be playing a variety of team sports that bring together our learning about staying fit and healthy and working with others in teams. For those parents involved in sports teams outside of school, we would love for you to join us to organise some sports rotations for the children!

After this time, we will be having a healthy eating picnic to fill our bodies with healthy food. For this part of the day, we ask that students bring a packed lunch that included one serving of the five food groups (fruit, vegetables, protein, grains and dairy). This may not be different from your usual lunches. In the afternoon, we will return to the room for some classroom activities.

If you could please return the following permission slip and indicate whether you would be available to help out on the day by next Wednesday, March 11 we would very much appreciate it.

Thank you,
Meagan Cofield, Emma Black and Alex Schifter

________________________________________
I give permission for my child
________________________________________ 
(Child’s Name) __________ (Child’s Class) to attend the Happy Me, Healthy Me Celebration Day activities at Ferndale Park on Friday, March 20, 2015.