2015 JUNIOR HOUSE CROSS COUNTRY

Dear Parents,

On Friday the 9th of October, Grades Prep to 2 students will be involved in the Junior Cross Country Competition around GIPS.

All students are expected to be involved, and if necessary, can enjoy the run or mix it with a power walk. The emphasis is on participation while being involved in a fit and healthy activity. Please encourage your children. The students will be running around a course designed by the House Captains.

Children need to have:
- appropriate shoes, shorts, t-shirt
- drink bottle/s
- had a big breakfast before school
- a healthy snack with minimal waste
- any medication/s (e.g. puffer)

Children are encouraged to wear their HOUSE team colours. NO face paint or dyed hair please!

There will be no payment required for this event.

As with all school events, we rely on parental help. Some of the jobs needed are:
- set up before the event
- scorekeepers
- place judges and track marshals.

Having adults around the track is very important and we require at least 10 parent helpers for this day to be a success! Please return the permission form by Monday the 5th October at the latest.

Regards
Angus, Campbell, Ben M and Ben R (House Captains)

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2015 JUNIOR HOUSE CROSS COUNTRY – Friday 9th October
I consent to my child, ________________________ Grade ________ participating in the Junior Cross Country Event at GIPS. I authorise the teacher in charge of the event to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary.

Parent’s Name: __________________________________________

Parent’s Signature: ___________________________ Date: __________

Emergency contact numbers ____________________________

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Parent Assistance-Please note that a current Working with Children Check is required when volunteering to help. I, ____________________________ can help out on the day