




Does your child need a self esteem boost?

THRIVING MINDS COACHING IS RUNNING A SIX WEEK ART CONNECTION PROGRAM FOR KIDS.

-  Combining educational lessons and art therapy with a wellbeing focus.
-  Facilitated by experienced educators and art therapists.
-  Children will create some amazing art, whilst working through the weekly themes.

Emotions



Perfect for children who struggle to voice their emotions.

Growth Mindset



Small Class sizes

Self-Esteem



Learn creative self-expression

Gratitude



Mindfulness



Aimed at children 6 to 12 years old

Wellbeing



6-9years

Commencing Saturday, 29th April 2023
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10-12 years

Get in quick, places are limited