



Sensory Swimming

Sunday afternoon 2.00pm - 4.30pm

1:1 lessons

30 minutes

Quiet environment

Programs designed specifically
to meet the swimmers' needs

All teachers Austswim/Swim Australia qualified
as well as Autism Swim qualified and Puggles Swim qualified



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Maccabi Aquatics runs individualised sessions to teach aquatic and water safety skills. All sessions are one-on-one and tailored to your goals and needs.

Our program is unique in comparison to general learn to swim programs. A defining element of our program is our use of visuals. Each student is provided with a visual schedule, specific to their skills and needs, to follow each session. While we offer these lessons during group class times, we have also opened a "low sensory - quiet session" afternoon on Sundays. No more than 8 swimmers in the pool, each with their own Autism Swim instructor and a whole lane in our 8 lane pool to themselves.

We have a wide range of equipment, including general swimming aids such as kickboards and noodles, sensory toys, floating mat which we use for regulation breaks and building core strength, hoops, and more.

All of our one-on-one instructors are qualified through AustSwim or Swim Australia, and have had thorough training with Autism Swim and Puggles Swim.

Each session runs for 30 minutes.

